

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: NURSING PRACTICE THEORY 2A

Code No.: NUR 204-4

Program: NURSING

Semester: THREE

Date: SEPTEMBER 1986

Author: G, DIANGELO, R. WILSON

New: Revision:

APPROVED;

Chairperson

Date

NURSING PRACTICE THEORY

NUR 204

Course Name

Course Number

COURSE DESCRIPTION:

The purpose of this course is to prepare the student to apply the nursing process in the care of clients who require intervention to regain adaptation. This involves the study of physiological and psychosocial stimuli which tend to disrupt the integrity of the individual. Content is organized around examples of selected nursing diagnoses which illustrate nursing assessment and interventions required to assist clients to adapt in common health problem situations.

PHILOSOPHY/GOALS:

COURSE OBJECTIVES:

1. Demonstrate the use of the nursing process for selected clients who require intervention to regain adaptation.
2. Use adaptation theory as a conceptual basis for nursing practice in assisting clients who require intervention to regain adaptation.
3. Interact in a therapeutic manner with selected clients.
4. Respond to an individual or group in a manner reflecting their worth and dignity.
5. Examine willingly own nursing practice in terms of professional standards.
6. Apply criteria for quality health care in current practice situations.
7. Seek opportunities for own personal and professional development.

METHOD OF ASSESSMENT (GRADING METHOD):

|       |    |            |
|-------|----|------------|
| EXAM: | #1 | 30%        |
|       | #2 | 40%        |
|       | #3 | <u>30%</u> |
|       |    | 100%       |

## TEXTBOOK(S):

Brunner, L.S., D.S. Suddarth, Medical-Surgical Nursing. A Conceptual Approach, 5th Ed., Lippincott, Toronto, 1984.

Poleman and Capra. Shackelton's Nutrition Essentials and Diet Therapy, 5th Ed., W.B. Saunders Co., Toronto, 1984.

Johnson. Psychiatric-Mental Health Nursing - Adaptation and Growth, J.B. Lippincott Co., 1986.

Bobak and Jensen. Essentials of Maternity Nursing, C.V. Mosby Co., Toronto, 1984.

L. Whaley and D. Wong. Nursing Care of Infants and Children, 2nd Ed., C.V. Mosby, St. Louis, 1983.

Kee, J.L., Laboratory and Diagnostic Tests with Nursing Implications, Appleton-Century-Crofts, New York, 1983.

Squire. Squire's Basic Pharmacology for Nurses, 8th Ed., C.V. Mosby Co., Toronto, 1985.

Plus First Year Texts.

| <u>TIME FRAME AND SEQUENCE FOR SEMESTER 1</u> | <u>HOURS</u> |
|---|--------------|
| UNIT 1: Introduction to illness               | 3            |
| UNIT 2; The surgical patient                  | 4            |
| UNIT 3: Obstetrics                            | 13           |
| UNIT 4: Self-Concept                          | 9            |
| UNIT 5: Temperature                           | 1            |
| UNIT 6: Exercise and Rest                     | 8            |
| UNIT 7: Interdependence                       | 6            |
|   | 44           |